

Table SII. Blood indicators (S-Fe, P-Fe, Ferr and TS) and liver iron content (LIC) measured in hereditary haemochromatosis patients at diagnosis, at the end of the phlebotomy programme, and 6 months after the end of the programme (Phases 1, 2 and 3). Reference values for the Portuguese population are indicated (see also Table I)

	Reference values	Phase 1	Phase 2	Phase 3
S-Fe (mg/l)	0.5–1.77	1.84 ± 0.12 <sup>a,b</sup>	0.63 ± 0.06 <sup>c</sup>	1.29 ± 0.13
P-Fe (mg/l)	0.65–1.75	1.80 ± 0.16 <sup>a</sup>	1.03 ± 0.11 <sup>c</sup>	1.61 ± 0.17
TS (%)	<50	69 ± 4 <sup>a,b</sup>	19 ± 2 <sup>c</sup>	42 ± 4
Ferr (ng/ml)	<200	843 ± 174 <sup>a,b</sup>	36 ± 5	52 ± 7
LIC (µmol/g)	<40	144 ± 15 <sup>a,b</sup>	66 ± 5	55 ± 4

<sup>a</sup>Significant between Phases 1 and 2; <sup>b</sup>significant between Phases 1 and 3; <sup>c</sup>significant between Phases 2 and 3.

TS: transferrin saturation; Ferr: Ferritin; S-Fe: serum iron; P-Fe: plasma iron.