

Table SI. Nail biting characteristics (p-value according to Pearson's  $\chi^2$  test)

Nail biting characteristics	All individuals n (%)	Females n (%)	Males n (%)	p-value	Early onset n (%)	Later onset n (%)	p-value
Nail biting frequency							
Every day	6 (9.0)	3 (8.8)	3 (9.1)	0.99	6 (10.9)	0 (0)	0.4
Almost every day	7 (10.4)	3 (8.8)	4 (12.1)		5 (9.1)	2 (16.7)	
Several times a week	22 (32.8)	11 (32.4)	11 (33.3)		16 (29.1)	6 (50)	
Several times a month	32 (47.8)	17 (50.0)	15 (45.5)		28 (50.9)	4 (33.3)	
Frequency							
<5 times/day	60 (89.5)	31 (91.2)	29 (87.9)	0.42	49 (89.1)	11 (91.7)	0.89
5–10 times/day	6 (9.0)	2 (5.9)	4 (12.1)		5 (9.1)	1 (8.3)	
11–20 times/day	0 (0)	0 (0)	0 (0)		0 (0)	0 (0)	
>20 times/day	1 (1.5)	1 (2.9)	0 (0)		1 (1.8)	0 (0)	
Duration of nail biting episodes							
1–10 min/day	48 (71.6)	24 (67.6)	24 (72.7)	0.91	38 (69.1)	10 (83.3)	0.47
11–20 min/day	14 (20.9)	7 (20.6)	7 (21.2)		12 (21.8)	2 (16.7)	
>20 min/day	5 (7.5)	3 (8.8)	2 (6.1)		5 (9.1)	0 (0)	
Last nail biting episode							
Today	10 (14.9)	5 (14.7)	5 (15.1)	0.98	10 (18.2)	0 (0)	0.78
Yesterday	13 (19.4)	7 (20.6)	6 (18.2)		8 (14.6)	5 (41.7)	
Within last week	31 (46.3)	16 (47.1)	15 (45.4)		25 (45.4)	6 (50)	
Within last month	10 (14.9)	5 (14.7)	5 (15.2)		10 (18.2)	0 (0)	
Within last 6 months	3 (4.5)	1 (2.9)	2 (6.1)		2 (3.6)	1 (8.3)	
Ceasing nail biting in the past for one month or longer							
No	26 (38.8)	11 (32.4)	15 (45.5)	0.31	22 (40.0)	4 (33.3)	0.84
Yes	40 (59.7)	22 (64.7)	18 (54.5)		32 (58.2)	8 (66.7)	
Do not know	1 (1.5)	1 (2.9)	0 (0)		1 (1.8)	0 (0)	
Eating fingernails							
Never	45 (67.1)	23 (67.7)	22 (66.7)	0.87	35 (63.6)	10 (83.3)	0.46
Sometimes	13 (19.4)	8 (23.5)	5 (15.1)		11 (20)	2 (16.7)	
Often	6 (9.0)	3 (8.8)	3 (9.1)		6 (10.9)	0 (0)	
Always	3 (4.5)	0 (0)	3 (9.1)		3 (5.5)	0 (0)	
Localization							
Fingernails of one hand	4 (5.9)	2 (5.9)	2 (6.1)	0.83	4 (7.3)	0 (0)	0.43
Fingernails of both hands	60 (89.6)	30 (88.2)	30 (90.9)		48 (87.3)	12 (100)	
Selected fingernails only	3 (4.5)	2 (5.9)	1 (3.0)		3 (5.4)	0 (0)	
Nail biting for perfect nails							
Never	10 (14.9)	6 (17.6)	4 (12.1)	0.6	9 (16.4)	1 (8.3)	0.81
Sometimes	20 (29.8)	14 (41.2)	6 (18.2)		17 (30.9)	13 (25.0)	
Often	27 (40.3)	9 (26.5)	18 (54.5)		2 (38.2)	6 (50.0)	
Always	7 (10.5)	4 (11.8)	3 (9.1)		6 (10.9)	1 (8.3)	
Do not know	3 (4.5)	1 (2.9)	2 (6.1)		2 (3.6)	1 (8.3)	