

Table SII. Nail biting characteristics and specific factors related to nail biting in group with early and later onset of nail biting (*p*-value according to Pearson's  $\chi^2$  test).

Characteristics	All individuals <i>n</i> (%)	Females <i>n</i> (%)	Males <i>n</i> (%)	<i>p</i> -value	Early onset <i>n</i> (%)	Later onset <i>n</i> (%)	<i>p</i> -value
Tension before or when trying to resist nail biting							
Never	26 (38.8)	11 (32.3)	15 (45.5)	0.46	23 (41.8)	3 (25.0)	0.21
Sometimes	24 (35.8)	13 (38.2)	11 (33.3)		18 (32.7)	6 (50.0)	
Often	8 (11.9)	4 (11.8)	4 (12.1)		8 (14.6)	0 (0)	
Always	5 (7.5)	4 (11.8)	1 (3.0)		5 (9.1)	0 (0)	
Do not know	4 (6.0)	2 (5.9)	2 (6.1)		1 (1.8)	3 (25.0)	
Feeling of relief, gratification or pleasure after nail biting							
Never	32 (47.8)	19 (55.9)	13 (39.4)	0.48	27 (49.1)	5 (41.7)	0.48
Sometimes	16 (23.9)	7 (20.6)	9 (27.3)		12 (21.8)	4 (33.3)	
Often	7 (10.4)	3 (8.8)	4 (12.1)		7 (12.7)	0 (0)	
Always	1 (1.5)	0 (0)	1 (3.0)		1 (1.8)	0 (0)	
Do not know	11 (16.4)	5 (14.7)	6 (18.2)		8 (14.6)	3 (25.0)	
Automatic nail biting							
Never	5 (7.5)	1 (2.9)	4 (12.1)	0.02	5 (9.1)	0 (0)	0.72
Sometimes	19 (28.3)	7 (20.6)	12 (36.4)		15 (27.3)	4 (33.3)	
Often	24 (35.8)	12 (35.3)	12 (36.4)		19 (34.5)	5 (41.7)	
Always	17 (25.4)	14 (41.2)	3 (9.1)		14 (25.5)	3 (25.0)	
Do not know	2 (3.0)	0 (0)	2 (6.0)		2 (3.6)	0 (0)	
Nail biting during other activities							
Never	12 (17.9)	6 (17.5)	6 (18.2)	0.05	12 (21.8)	0 (0)	0.12
Sometimes	23 (34.3)	8 (23.5)	15 (45.5)		16 (29.1)	7 (58.4)	
Often	22 (32.9)	12 (35.5)	10 (30.3)		19 (34.5)	3 (25.0)	
Always	9 (13.4)	8 (23.5)	1 (3.0)		8 (14.5)	1 (8.3)	
Do not know	1 (1.5)	0 (0)	1 (3.0)		0 (0)	1 (8.3)	
Nail biting as an intentional activity							
Never	44 (65.6)	28 (82.3)	16 (48.5)	0.02	38 (69.1)	6 (50.0)	0.52
Sometimes	14 (20.9)	4 (11.7)	10 (30.3)		10 (18.2)	4 (33.4)	
Often	4 (6.0)	1 (2.9)	3 (9.1)		3 (5.5)	1 (8.3)	
Always	2 (3.0)	1 (2.9)	1 (3.0)		2 (3.6)	0 (0)	
Do not know	3 (4.5)	0 (0)	3 (9.1)		2 (3.6)	1 (8.3)	
Suffering because of nail biting							
Never	46 (68.6)	22 (64.7)	24 (72.7)	0.53	36 (65.5)	10 (83.3)	0.65
Sometimes	19 (28.4)	11 (32.4)	8 (24.3)		17 (30.9)	2 (16.7)	
Often	1 (1.5)	0 (0)	1 (3.0)		1 (1.8)	0 (0)	
Always	1 (1.5)	1 (2.9)	0 (0)		1 (1.8)	0 (0)	
Do not know	0 (0)	0 (0)	0 (0)		0 (0)	0 (0)	