Supplementary material to article by J. Schmitt et al. "Effectiveness of Interdisciplinary vs. Dermatological Care of Moderate-to-severe Psoriasis: A Pragmatic Randomised Controlled Trial"

Table SI. Demographics and baseline characteristics of patients with and without psychiatric disorder (interdisciplinary treatment group)

	Interdisciplinary treatment group ( <i>n</i> =23)	
	With psychiatric disorder $(n=10)$	Without psychiatric disorder $(n=13)$
Age, years, mean ± SD	43.7 ± 16.6	51.1 ± 19.8
Female sex, $n$ (%)	7/10 (70.0)	6/13 (46.2)
Monthly income (household), $n$ (%)		
≤1,000 Euros	2/10 (20.0)	4/13 (30.8)
1,001–2,000 Euros	5/10 (50.0)	5/13 (38.5)
2,000–3,000 Euros	2/10 (20.0)	3/13 (23.1)
>3,000 Euros	0/10 (0.0)	1/13 (7.7)
Missing information	1/10 (10.0)	0/13 (0.0)
Characteristics of psoriasis	, ,	
Disease duration, years, mean ± SD	28.3 (12.2)	25 (12.3)
Psoriatic arthritis, $n$ (%)	4/10 (40.0)	3/13 (23.1)
Nail involvement, $n$ (%)	3/10 (30.0)	4/13 (30.8)
Positive family history, $n$ (%)	4/10 (40.0)	5/13 (38.5)
Previous treatment of psoriasis, $n$ (%)	, ,	, ,
Topical	10/10 (100)	13/13 (100)
UV/PUVA	8/10 (80.0)	8/13 (61.5)
Systemic non-biologic	5/10 (50.0)	10/13 (76.9)
Systemic biologic	4/10 (40.0)	4/13 (30.8)
Dermatology life quality index, mean ± SD	$19.6 \pm 5.8 [n=9]$	$15.8 \pm 7.9 [n=12]$
Psoriasis area and severity index, mean $\pm$ SD	$12.6 \pm 3.7$	$18.6 \pm 7.4$
Investigator global assessment of disease severity, n (%)		
Mild	0/10 (0)	0/13 (0)
Moderate	8/10 (80.0)	8/13 (61.5)
Severe/very severe	2/10 (20.0)	5/13 (38.5)
Patient satisfaction with psoriasis care <sup>a</sup> , mean ± SD	$44.1 \pm 18.3 [n=9]$	$47.9 \pm 30.0 [n=13]$
General morbidity		
Body mass index, mean ± SD	$26.7 \pm 4.0$	$28.0 \pm 6.9$
Depression (previously diagnosed by physician), $n$ (%)	2/10 (20.0)	0/13 (0.0)
Currently smoking, <i>n</i> (%)	1/10 (10.0)	3/13 (23.1)
Alcohol consumption (>3 units/week), n (%)	1/10 (10.0)	5/13 (38.5)

<sup>&</sup>lt;sup>a</sup>Assessed using a 100 unit visual analogue scale with 0 reflecting total dissatisfaction and 100 reflecting maximal satisfaction with treatment/medical care of atopic eczema. None of the observed differences between groups was statistically significant.