

Table SI. Types of content of E-learning Quality of Life (EQoL)

Type of content	Description
Did you know that...	A short informative piece of text
Frequently asked questions	Question of a patient, answered by a health care provider
Encyclopaedia	Informative text
Interviews with experts	Report of an interview with a health care provider
Poll, including feedback	Short question with multiple choice answers. After answering the patient sees answers given by other patients
Self-assessment, including feedback	A questionnaire with multiple choice items. After answering the patient gets a score and feedback on this score
Interviews with patients	Patient tells his or her story
Tips & tools	Tips to support improvement of health-related quality of life
Homework / Assignments	Assignment aimed at understanding of own disease, increasing empowerment of the patient, and/or behaviour change
External links	Link to an external website with relevant information
Reminders	Application with which patients can send an e-mail linked to a specific assignment to themselves in the future. Time span and specific content of the message can be chosen by the patient