Table SI. *Summary of the demographic of the subjects studied by experimental intervention*

Group	Sex		Age	
	Female	Male	Mean	SD
Control	104	54	39.04	14.66
ABC only	102	55	40.80	14.34
ABC+MEL	114	52	39.49	13.99
MEL(EXP)	104	65	38.05	14.47
MEL(LAY)	105	49	37.88	14.61
MEL+BEN	111	61	39.66	14.99