## Questionnaire for the assessment of itch

1) Are you currently experiencing itching?	□ Yes □ No (If not, do NOT complete the
	rest of the questionnaire)
2) Are you presenting in our practice today because you are	🗆 Yes
experiencing itching?	🗆 No
3) Since when are you experiencing itching?	less than 6 weeks
	□ more than 6 weeks
4) How severe is your itching? Please tick one box. 0= no itching; 10= very severe itching	
0 1 2 3 4 5 6 7 8	3 9 10
5a) How often are you experiencing itching on average on a day (including day and night)?	
□ permanent □ almost permanent □ frequently □ seldom	
5b) How much does itching affect your daily life (e.g. daily routine, profession, family)?	
·	3= severely
6) How much does itching bother you emotionally (e.g. distressed, on edge)?	
	3= severely
7) How much does itching disturb your sleep?	
O = not at all     I = slightly     2 = moderately     3 = severely	
8) Have you ever consulted your general practitioner because of	
itching?	
9) Has your itching been treated previously?	
If yes:  Bought creme/ointment myself Creme/ointment was prescribed	
Bought tablets myself Tablets were prescribed	

10) Please mark the precise location of your itching.

Please tick <u>all the regions where you feel itchy</u>.

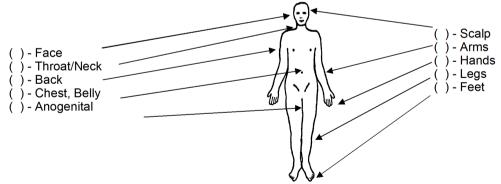


Fig. S1. English translation of the questionnaire used for the patients' assessment of itch.

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