

Table SI. Database search, with different combinations of MeSH terms and search words

Database	Search words/MeSH	Hits	Clinical trials	Included after reading in full-text <sup>a</sup>
PubMed	("Acne Vulgaris"[MeSH]) AND "Diet"[MeSH]	106	11	5
PubMed	("Acne Vulgaris"[MeSH]) AND "Food"[MeSH]	130	18	1
PubMed	("Acne Vulgaris"[MeSH]) AND "Glycemic index"[MeSH]	21	5	0
PubMed	("Acne Vulgaris"[MeSH]) AND "Diet therapy"[MeSH]	40	6	0
PubMed	Acne Vulgaris and Diet	220	16	0
PubMed	Acne Vulgaris and Food	276	28	0
PubMed	Acne Vulgaris and Glycemic Index	30	7	0
PubMed	Acne Vulgaris and Dietary carbohydrates	29	7	0
PubMed	Acne Vulgaris and Dietary proteins	18	8	0
PubMed	Acne Vulgaris and Dietary fats	22	3	0
PubMed	Acne Vulgaris and Chocolate	25	4	1
PubMed	Acne Vulgaris and Milk	46	3	0

<sup>a</sup>Adjusted so that duplicates would not be included.