

Table SIII. Self-reported treatment and product adherence by study week

	Treatment group		
	Olive oil <i>n</i> (%)	Sunflower oil <i>n</i> (%)	No oil <i>n</i> (%)
Treatment adherence			
Week 1	25 (80.6)	24 (82.8)	33 (100.0)
Week 2	23 (79.3)	24 (88.9)	29 (100.0)
Week 3	25 (92.6)	30 (93.8)	36 (100.0)
Week 4 ^a	–	–	–
Product adherence			
Week 1	22 (73.3)	23 (79.3)	32 (97.0)
Week 2	24 (82.8)	22 (81.5)	31 (96.9)
Week 3	24 (88.9)	27 (87.1)	37 (100.0)
Week 4	16 (57.1)	21 (70.0)	26 (74.3)

^aParticipants were not asked about treatment compliance at 4 week assessment.