

Table SII. Unit costs of resources used

Cost categories	Unit	Valuation	Costs (€) <sup>1</sup>	Source
Prepare MI calls and write summary	Per patient	(10 min/call×6 calls: €31.9×1.4)	44.62	Norwegian Nursing Association
Mapping talk (total 60 min)	Per patient	60 min	44.62	Norwegian Nursing Association
3 days course to master MI techniques	Per patient	((7.5h×€31.9×3 days)×1.4)/86 patients	11.68	Norwegian Nursing Association
Cost/h MI calls	Per patient	31.9×3.3 (ML)×1.4		Norwegian Nursing Association
Telephone cost/h	Per patient		2.16	Telenor Group
Total cost of MI intervention <sup>2</sup>	Per patient		243	
<i>Primary and secondary care (cost group 1)</i>				
General practitioner	Per visits	Treatment time 20 min	84.6	The Norwegian Directorate of Health/The Norwegian Health Economics Administration (HELFO) and "Normal Tariff for private general practice in 2012"
Telephone consultations	Per talk		10	
Dermatologist	Visit	Reimbursement (DRG)	144	The Norwegian Directorate of Health/HELFO
UVB treatment/after 1 July 2012	Visit	Reimbursement (DRG)	37/72	
Specialists (internist and rheumatologist)	Visit	Reimbursement/charge	180/173	The Norwegian Directorate of Health/HELFO
Physiotherapy	Per treatment	Charge (1 h)	114.5	Norwegian Physiotherapy Association (NFF)
Manual therapy	Per treatment	Charge (1 h)	163	NFF
Chiropractor	Per treatment*	Charge	88/54	The Norwegian Directorate of Health/HELFO
Psychologist	Per treatment	Treatment time: 1 h	187	The Norwegian Directorate of Health/HELFO
Hospital stay caused by psoriasis	Days	Reimbursement (DRG)	3539	HELFO
Cost of alternative treatment <sup>3</sup>	Visits	Estimated	80–174	Checked 10 different tenderer and estimated a mean charge
Travel costs	Per visit	Estimated 2.5 visits/year	21	The Norwegian Directorate of Health (SAMDATA 2012)
<i>Psoriasis medication, OTC and self-care products, (cost group 2)</i>				
Cost of OTC medication	Various			Local pharmacy/The Norwegian Pharmaceutical Product Compendium
Patient-administered biological medicines <sup>4</sup>	Various dependent on drug	DRG5 1 month/3 months	16,230.5/48,690	The Norwegian Directorate of Health/HELFO and The Norwegian Pharmaceutical Product Compendium
Methotrexate	Tablets per week		0.3 (1 tbl)	The Norwegian Pharmaceutical Product Compendium
<i>Production loss (sick leave), (cost group 3)</i>				
Median wage in Norway 2012	Hours	Wage rate per day	371.43	SSB: Statistics Norway

<sup>1</sup>Euro=7.47 NOK, <sup>2</sup>Estimate based on the minimum wages as of 6 June 2012, from the Norwegian Nurses' Association, for a registered nurse with 10 years' experience (1 h work=€31,87) \*1.4 (social expenditures). Cost of MI intervention: 1.4=gross wage \*1.4 social expenditures, ML: mean length of the MI interv: 3.3 h. <sup>3</sup>Healer, podiatrist, acupuncturist, homeopath <sup>4</sup>Etanercept (Enbrel), adalimumab (Humira) and golimumab (Simponi); <sup>5</sup>\*Different costs visit 1 and visits 2–14.

OTC: over-the-counter; DRG: Diagnosis-Related Group; tbl: tablet; MI: motivational interviewing.