Eczema Severity and Symptoms: what is Important to patients?

What features about your eczema improve when you are using a treatment that...

As a patient with eczema we are keen to hear your views.

We want to learn what features about your (or your child's) eczema improve when you are using a treatment that works.

So if your eczema / your child's is getting better, what is it about the eczema that improves?

When the eczema is bad / in flare, how important is the improvement of the following signs and symptoms to you?

**1. Please answer the following questions about just one person, this can be you OR one of your children. Please indicate which person you are completing this questionnaire for here:**

- Very important
- Quite important
- Somewhat important
- Not important
- Not relevent to me

<table>
<thead>
<tr>
<th>Feature</th>
<th>Very important</th>
<th>Quite important</th>
<th>Somewhat important</th>
<th>Not important</th>
<th>Not relevent to me</th>
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</thead>
<tbody>
<tr>
<td>Scratch marks on the skin</td>
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<td>Weeping/ Oozing</td>
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<td>Bleeding</td>
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<td>Blisters</td>
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<td>Amount of body affected by eczema</td>
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<tr>
<td>Itch</td>
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<td>Thickening of the skin (feels like leather)</td>
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<td>Crusts covering eczema lesions</td>
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<td>Tightness of the skin</td>
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<td>Skin feels hot or inflamed</td>
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<td>Dry flaky skin</td>
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<td>Swelling</td>
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<td>Soreness or pain</td>
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<td>Cracks in the skin</td>
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<td>Redness of the skin (or darkening in coloured skin)</td>
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<td>Sleep difficulties</td>
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<td>Involvement of “sensitive” body sites (e.g. face)</td>
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<tr>
<td>Involvement of “visible” body sites (e.g. hands and face)</td>
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</tbody>
</table>

Other (please specify)
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**3. Many research studies take place over several months (up to a year), and researchers often want to measure how well controlled the eczema is over the whole of this time.**

This is sometimes done by asking people to keep a diary or log of how the eczema has been (these usually take just a couple of minutes to complete).

**How often do you think this information should be recorded in order to capture how well controlled the eczema is?**

- [ ] Daily
- [ ] Weekly
- [ ] Monthly
- [ ] Every few months

**4. If you were asked to keep an "eczema diary" in a research study lasting more than 6 months, how often would you be willing to complete it?**

This diary might be a paper diary or electronic, but you can choose which option would suit you best.

- [ ] Daily
- [ ] Weekly
- [ ] Monthly
- [ ] Every few months
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#### About You

Thank you for telling us about your eczema. It would be helpful to know a few more details from you.

5. **Which category below includes your / your child’s age?**
   - [ ] less than 5 years
   - [ ] 6 to 15 years
   - [ ] 16 to 25 years
   - [ ] 26 to 45 years
   - [ ] 46 to 65 years
   - [ ] 66+ years

6. **What is your / your child’s gender?**
   - [ ] Female
   - [ ] Male

7. **At what age did your / your child’s eczema start?**
   - [ ] 0 to 2 years
   - [ ] 3 to 6 years
   - [ ] 7 to 15 years
   - [ ] 16+ years

8. **How severe has your / your child’s eczema been during the last week?**
   - [ ] No eczema
   - [ ] Mild eczema
   - [ ] Moderate eczema
   - [ ] Severe eczema

9. **Which of these categories best describes the colour of your skin?**
   - [ ] Light
   - [ ] Slightly coloured
   - [ ] Dark
   - [ ] Very dark

10. **What country do you currently live in?**

   [ ]
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Further Comments

11. How long has it taken to complete this survey?

- [ ] less than 5 minutes
- [ ] between 5 and 10 minutes
- [ ] more than 10 minutes

12. Do you have any comments to make about this survey?

[ ]

13. Would you like to receive a copy of the results of this survey?

- [ ] Yes
- [ ] No

14. If yes, please give your email address

[ ]

Thank You

Thank you for completing this questionnaire.

For further information about this project and the work of the Harmonizing Outcome Measures for Eczema (HOME) group, please see www.homeforeczema.org.uk