

Table SIV. Illustration of the results of the Regensburg Insomnia Scale ("time to go to bed", "time to get up")

Item	Sleepers (n = 21)		Non-Sleepers (n = 67)		p ^{*a,e}	p ^{*b,e}	p ^{*c,f}	p ^{*d,f}
	Day 1 Mean ± SD	Day 28 Mean ± SD	Day 1 Mean ± SD	Day 28 Mean ± SD				
Time to go to bed	22.45 h ± 39 min (n = 18)	22.44 h ± 37 min (n = 18)	22.42 h ± 16 min (n = 63)	22.41 h ± 1 h 11 min (n = 61)	0.396	0.736	0.313	0.435
Time to get up	06.43 h ± 1 h 8 min (n = 18)	06:41 h ± 1 h 10 min (n = 18)	06.54 h ± 1 h 17 min (n = 63)	06.57 h ± 1 h 17 min (n = 60)	0.835	0.531	1.0	0.220

Sleepers: no sleep-related disturbances due to chronic pruritus after 4 weeks; Non-sleepers: sleep-related disturbances due to chronic pruritus after 4 weeks. p^{*a}: Level of significance: comparison between sleepers and non-sleepers day 1; p^{*b}: Level of significance: comparison between sleepers and non-sleepers day 28; p^{*c}: Level of significance: comparison sleepers day 1/day 28; p^{*d}: Level of significance: comparison non-sleepers day 1/day 28. ^eMann-Whitney U test. ^fWilcoxon test.