

## Appendix S2. Reasons for excluding full texts

References	Reason for exclusion
Ghiordanescu I-M, Ali S, Bumbacea RS, PD31-Pseudoallergic reactions to food and drugs in children with chronic idiopathic urticaria, <i>Clinical and Translational Allergy</i> 2014; 4.	No extractable data
Daschner A, De Frutos C, Valls A, Vega De La Osada F, Blanco C, et al. Preliminary data of the effect of a temporary diet without fish in a randomised clinical trial of Anisakis simplex sensitisation-associated chronic urticaria patients, <i>Allergy: European Journal of Allergy and Clinical Immunology</i> 2011; 66: 33.	Duplicate article
Thaiwat S, Nakakes A, Sangasapaviliya A, The Effect of Food Avoidance in Adult Patients with Chronic Idiopathic Urticaria, <i>Journal of the Medical Association of Thailand = Chotmaihet thangphaet</i> 2015; 98 (12): 1162–1168.	No available full text
Maurer M, Church MK, Metz M, Starkhammar M, Hamsten C, et al. Galactose- $\alpha$ -1,3-galactose allergy is not a hitherto unrecognized cause of chronic spontaneous urticaria. <i>International Archives of Allergy and Immunology</i> 2015; 167(4): 250–252.	No diet intervention
Rašković S, Matić IZ, Dordić M, Damjanović A, Kolundžija B, et al. Immunoreactivity to food antigens in patients with chronic urticaria, <i>Immunological investigations</i> 2014; 43(5): 504–516.	No diet intervention
Heber G, Abraham S, Bauer A, Urticaria and angioedema after consumption of red meat, <i>Journal der Deutschen Dermatologischen Gesellschaft = Journal of the German Society of Dermatology: JDDG</i> 2013; 11 (7).	Other conditions (acute urticaria)
Asero R, Hypersensitivity to lipid transfer protein is frequently associated with chronic urticaria, <i>European annals of allergy and clinical immunology</i> 2011; 43 (1): 19–21, <i>International archives of allergy and immunology</i> 2011; 155 (1): 52–56.	No diet intervention
Antico A, Pagani M, Vescovi PP, Bonadonna P, Senna G, Food-specific IgG4 lack diagnostic value in adult patients with chronic urticaria and other suspected allergy skin symptoms. <i>Int Arch Allergy Immunol</i> 2011; 155: 52–56.	No diet intervention
Mathelier-Fusade P, Boulinguez S, Everyday urticaria, <i>Annales de dermatologie et de vénéréologie</i> 2010; 137 (5 Suppl 1): 28–30.	Other conditions
Daschner A, De Frutos C, Valls A, Vega de la Osada F, Different clinical presentation of Anisakis simplex associated urticaria is dependent on the frequency of raw fish intake, <i>Allergologia et Immunopathologia</i> 2010; 38 (3): 166–167.	No diet intervention
Gutiérrez-Fernández D, Fuentes-Vallejo MS, Zavala BB, Foncubierta-Fernández A, Lucas-Velarde J, et al. Urticaria-angioedema due to limpet ingestion, <i>Journal of investigational allergology &amp; clinical immunology</i> 2009; 19 (1): 77–79.	Other conditions (acute urticaria)
Piatt JD, Case report: Urticaria following intentional ingestion of cicadas, <i>American Family Physician</i> 2005; 71 (11): 2048, 2050.	Other conditions (acute urticaria)
Sackesen C, Sekerel BE, Orhan F, Kocabas CN, Tuncer A, et al. The etiology of different forms of urticaria in childhood, <i>Pediatric dermatology</i> 2004; 21(2): 102–108.	No diet intervention
Fernández-Nieto M, Sastre J, Quirce S, Urticaria caused by cola drink, <i>Allergy</i> 2002; 57(10): 967–968.	Other conditions (acute urticaria)
Henz BM, Zuberbier T, Urticaria. New developments and perspectives, <i>Der Hautarzt; Zeitschrift für Dermatologie, Venerologie, und verwandte Gebiete</i> 2000; 51(5): 302–308.	No diet intervention
Henz BM, Zuberbier T, Most chronic urticaria is food-dependent, and not idiopathic, <i>Experimental dermatology</i> 1998; 7(4): 139–142.	No diet intervention
Kim BK, Kang MG, Kim JY, Kang MK, Song WJ, et al. Hypersensitivity to monosodium glutamate, as a cause of chronic urticaria, <i>Allergy: European Journal of Allergy and Clinical Immunology</i> 2014; 69: 124.	Other conditions
Kürzel R, Behr-Völtzer C, Zick C, Weißbecher R, Nutritional advice and dietetic measure in chronic urticaria, <i>Allergologie</i> 2006; 29(6): 221–230.	No diet intervention