

Table SII. Therapeutic regimens of 10 refractory chronic spontaneous urticaria (CSU) patients

Dosage	<i>n</i>	Therapeutic regimens
4-fold dose	2	
	1	Desloratadine 10 mg twice daily
4-fold equivalent dose	1	Olopatadine 10 mg twice daily
	4	
	1	Desloratadine 5 mg, loratadine 10 mg once daily, olopatadine 5 mg twice daily
	1	Ebastine 20 mg, fexofenadine 180 mg, loratadine 10 mg once daily
4-fold equivalent dose and LRA	1	Desloratadine 5 mg, ebastine 20 mg, fexofenadine 180 mg once daily
	1	Desloratadine 5 mg, ebastine 20 mg, loratadine 10 mg once daily
	1	Ebastine 20 mg, fexofenadine 180 mg, loratadine 10 mg, montelukast 10 mg once daily
4-fold equivalent dose and LRA and H ₂ -antihistamine	1	Ebastine 20 mg, fexofenadine 180 mg, loratadine 10 mg, montelukast 10 mg daily, ranitidine 350 mg twice daily
4-fold equivalent dose and Chinese traditional medication	2	
	1	Olopatadine 5 mg twice daily, fexofenadine 120 mg thrice daily, TGP 2 capsules thrice daily
	1	Ebastine 20 mg once daily, desloratadine 5 mg twice daily, TGP 2 capsules thrice daily

LRA: leukotriene receptor antagonist; TGP: total glucosides of paeony.