

Table SII. Demographics of the population certified in Japan's long-term care insurance (LTCI) system

	Shinjuku city	Japan total (× 103)
Population ^b , <i>n</i>	335,560	127,095
Female/male ^b	166,302/167,258	65,253/61,841
Elderly population ^b , <i>n</i>	65,284	33,466
Female/male	27,616/37,668	14,485/18,979
Ageing rate ^b , %	19.5	26.2
LTCI certified number ^{c,d} , <i>n</i> (%)	13,017 (19.6)	6,175 (17.7)
Female/male	4,029/8,988	1,911/4,264
Recipient age, <i>n</i> (%)		
65–70 years	597 (4.6)	280 (4.5)
70–75 years	1,031 (7.9)	485 (7.9)
75–80 years	1,720 (13.2)	867 (14.0)
80–85 years	2,972 (22.8)	1,465 (23.7)
85–90 years	3,322 (25.5)	1,592 (25.8)
90+ years	3,141 (24.1)	1,349 (21.8)
40–65 years ^e	234 (1.8)	139 (2.3)
University entrance rate ^a , <i>n</i> (%)	70.8	51.0

^aSchool regular surveillance Tokyo, 2015.

^bCensus of Japan 2015.

^cLTCI Shinjuku Monthly report 2015.10. Department of Welfare; Shinjuku-city, Principal Achievement of Long Term Care Insurance in Shinjuku-city, 2009–2015. Tokyo (Japan): Shinjuku-city; 2016 (in Japanese).

^dLTCI National Monthly report 2015.10. Department of Geriatric Health, Division of Long Term Care Insurance Service Plan; Ministry of Health, Labor and Welfare, Long Term Care Insurance Service Report (Preliminary), October, 2015. Tokyo (Japan); 2017 (in Japanese). Available from: <https://www.mhlw.go.jp/topics/0103/tp0329-1.html>.

^eLTCI system is provided also for insured persons between 40 and 65 years of age with the following diseases when they are related to ageing; terminal stage cancer, rheumatoid arthritis, amyotrophic lateral sclerosis, ossification of posterior longitudinal ligament, osteoporosis accompanying bone fracture, dementia, progressive supranuclear palsy, corticobasal degeneration, Parkinson's disease, spinocerebellar degeneration, spinal canal stenosis, progeria, multiple-system atrophy, complications with diabetes mellitus, cerebrovascular disease, atherosclerosis obliterans, chronic obstructive pulmonary disease, osteoarthritis with severe deformity in hip or knee joint

LTCI: long-term care insurance.