Supplementary material to article by R. Sipilä et al. et al. "Development and application of implementation tools for rehabilitation guidelines"

Appendix SI. Template for an implementation plan.

Authors:					
Organization:	•	•		•	
Date:				•	
Introduction					
Describe the background of	the implementation project a	nd aims of the pr	oject.		
Principal objectives Describe the explicit aims	Subject Who [the occupational group] should change their clinical practices?	Expected change in practice Describe the desired way of doing this		Barriers to change Describe the barriers (and facilitators) to change	How to put the change into practice Describe the possible implementation interventions to facilitate change
Chosen implementation interventions, responsibilities and timetable					
Implementation intervention		Responsible person			Planned timetable
Evaluation					
Aim			Indicator		

This template can be used when planning an implementation project. In the plan describe the principle objectives for change. In addition, describe for each aim who should change practice and what is the desired way of practice. Identify the barriers to change the practices. Based on these steps define the interventions

that could overcome the barriers and drive the desired change.

It is important that all relevant professionals are involved in the planning. It is also important to decide concrete responsibilities and plan the timetable for the interventions. To evaluate the success of the project, define indicators for change.