

Table SIV. Specific factors related to nail biting in relation to the presence of anxiety disorders or obsessive-compulsive disorder (OCD) (p-value according to Pearson's χ^2 test)

Characteristics	No psychiatric comorbidity n (%)	Anxiety disorder/OCD n (%)	p-value
Tension before or when trying to resist nail biting			
Never	24 (51.1)	2 (12.5)	0.006
At least sometimes	23 (48.9)	14 (87.5)	
Feeling of relief, gratification or pleasure after nail biting			
Never	23 (54.7)	9 (60.0)	0.72
At least sometimes	19 (45.3)	6 (40.0)	
Automatic nail biting			
Never	4 (8.3)	1 (5.8)	0.74
At least sometimes	44 (91.7)	16 (94.2)	
Nail biting during other activities			
Never	8 (16.3)	3 (17.3)	0.89
At least sometimes	41 (83.7)	14 (82.4)	
Nail biting as an intentional activity			
Never	33 (70.2)	10 (58.8)	0.39
At least sometimes	14 (29.8)	7 (41.2)	
Suffering because of nail biting			
Never	38 (76.0)	8 (47.1)	0.026
At least sometimes	12 (24.0)	9 (52.9)	