

Table SI. Results from the 5-D itch scale

Duration	During the last 2 weeks, how many hours a day have you been itching?
<6 h/day	37 (92.5%)
6–12 h/day	1 (2.5%)
12–18 h/day	1 (2.5%)
18–23 h/day	0
All day	1 (2.5%)
Degree	Please rate the intensity of your itching over the past 2 weeks
Not present	1 (2.5%)
Mild	12 (30.0%)
Moderate	21 (52.5%)
Severe	1 (2.5%)
Unbearable	5 (12.5%)
Direction	Over the past 2 weeks has your itching gotten better or worse compared to the previous month?
Completely resolved	0
Much better but still present	3 (7.5%)
Little bit better, but still present	5 (12.5%)
Unchanged	28 (70.0%)
Getting worse	4 (10.0%)
Disability	Highest score on any of the four items (sleep, leisure/social, housework/errands, work/school)
Never affects this activity	10 (25.0%)
Rarely affects this activity	5 (12.5%)
Occasionally affects this activity	14 (35.0%)
Frequently affects this activity	7 (17.5%)
Always affects this activity	4 (10.0%)
Distribution	Number of parts of the body where itching has been present over the last 2 weeks, among: head/scalp, face, chest, abdomen, back, buttocks, thighs, lower legs, soles, palms, tops of hands/fingers, forearms, upper arms, points of contact w/ clothing, groin, tops of feet/toes
0–2 parts	12 (30.0%)
3–5 parts	12 (30.0%)
6–10 parts	14 (35.0%)
11–13 parts	0
14–16 parts	2 (5.0%)