

**Table SII. Patient diary**

*Section 1: Living with chronic spontaneous urticaria (CSU)*

This section of the Patient diary asks the participant to write about their perspectives and experience of managing CSU. Example questions and ideas of what to capture include:

- What does CSU mean to you?
- Describe a memory or significant moment in your experience with CSU and explain why it is important to you.
- What are the most important decisions you've made about your doctors, diagnosis and treatment?
- What are the biggest effects of CSU and treatments on you? How have they changed you as a person?
- Draw a timeline of your journey with CSU. Start from your first CSU experience and add in important events, experiences and dates since then. Feel free to jot down notes, collage pictures or describe this journey in a video.

*Section 2: Your 3-day diary*

In this section, patients are asked to describe 3 days of their life with CSU and are encouraged to share their experiences through writing about it, making video clips and/or drawing collages. Example questions and suggestions/prompts include:

- How are you feeling physically and emotionally?
- What challenges did you face today and how did you manage them?
- If you visited your doctor this week, what happened and how did it go?
- Have you changed your routines because of something new you learned recently?
- How do you deal with insurance or other financial aspects of your care?

*Section 3: Reflections on CSU*

- What more would you like to know about CSU?
- What advice do you wish someone gave you in the first weeks after your CSU diagnosis?
- What suggestions would you make to develop or improve programs or services for people living with CSU? Think about the people with whom you interact, such as your doctor, nurse, pharmacist, patient groups and insurance companies. What works best, and what could be better?