

**Table SII. Comparison of pruritus characteristics, severity of sleep disturbance, and nocturnal pruritus in patients with prurigo nodularis (PN) and atopic dermatitis (AD)**

Variable	PN cases	AD cases	Significance
Pruritus history, years, mean±SD, median (range)	8.75±8.9, 5 (0.17–30)	13.8±16.6, 6.5 (0.1–69)	n.s.
Severity (NRS) 0–10, mean±SD, median (range)			
Current	7.7±2.3, 8 (0–10)	7.2±2.5, 8 (0–10)	n.s.
Past 6 weeks	7.8±2.2, 8 (1–10)	7.7±2.2, 8 (0–10)	n.s.
Past year	8.4±1.7, 8.8 (2–10)	7.9±2.0, 8 (3–10)	n.s.
Severity of pruritus characteristics <sup>a</sup> , mean±SD, median (range)			
Tiresome	2.8±1.5, 3.5 (0–4)	2.6±1.7, 4 (0–4)	n.s.
Tiring	2.4±1.8, 3 (0–4)	2.6±1.7, 3 (0–4)	n.s.
Disturbed sleep	2.9±1.6, 4 (0–4)	3.1±1.4, 4 (0–4)	n.s.
Pruritus timing <sup>b</sup> , mean±SD, median (range)			
Morning	2.4±1.5, 2.5 (0–4)	2.5±1.3, 3 (0–4)	n.s.
Day	2.7±1.1, 3 (0–4)	2.7±1.0, 3 (0–4)	n.s.
Evening	3.3±1.1, 4 (0–4)	3.3±0.8, 3 (1–4)	n.s.
Night	3.3±1.2, 4 (0–4)	3.2±1.1, 4 (0–4)	n.s.
In the past week <sup>c</sup> , mean±SD, median (range)			
Affects sleep	4.1±1.3, 5 (1–5)	4.0±1.3, 5 (1–5)	n.s.
Depressed/sadness	3.4±1.5, 4 (1–5)	3.5±1.4, 4 (1–5)	n.s.
Anger/irritability	3.8±1.3, 4 (1–5)	4.2±1.0, 5 (1–5)	n.s.
Frequency of pruritus (episodes/day), n (%)			
< 1	1 (3)	2 (2.6)	n.s.
1	1 (3)	3 (4)	
2–4	10 (26)	13 (17.1)	
5–10	8 (21)	21 (27.6)	
> 10	19 (49)	37 (48.7)	
Exacerbation factors, Yes or No, n (%)			
Stress	21 (53.8)	52 (68.4)	n.s.

<sup>a</sup>0 = not at all, 1 = minimal, 2 = mild, 3 = moderate, 4 = great. <sup>b</sup>0 = never, 1 = rarely, 2 = sometimes, 3 = most of the time, 4 = constantly. <sup>c</sup>1 = never, 2 = rarely, 3 = sometimes, 4 = often, 5 = all the time.

n.s.: not significant; NRS: numerical rating scale; SD: standard deviation.