Analysis of HLA Antigens in Croatian Patients with Psoriasis

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In common with most autoimmune diseases, psoriasis is associated with some HLA antigens. We studied the distribution of HLA antigens in Croatian patients with psoriasis: 108 patients were divided into groups according to family history and age of disease onset. HLA antigens were analyzed serologically and HLA-C alleles were analyzed using polymerase chain reaction. We found significant increases in HLA-A2, -B17, -B37 and -B13 antigens and highly significant increases in HLA-Cw*0602 and DR7 antigens in psoriatic patients compared with controls. Patients with type I psoriasis (early onset, positive family history) showed highly significant associations with Cw*0602 \( p < 0.00001 \); relative risk (RR) = 14.45 and DR7 \( p < 0.00001 \); RR = 15.09 antigens. Patients with type II psoriasis (late onset, no family history) had a significant association with Cw*03 antigen \( p = 0.008 \); RR = 0.17. In conclusion, HLA-B13, -B17, Cw*0602 and -DR7 antigens are associated with a significant risk of psoriasis in the Croatian population and the Cw*0602 allele has the strongest association, especially for type I psoriasis. Key words: psoriasis; HLA antigens; polymerase chain reaction.

INTRODUCTION

Psoriasis is a T cell-mediated disease associated with some HLA antigens, as is common for most autoimmune diseases (1). The relative risk of developing disease is increased in individuals carrying the HLA-Cw6, -B13, -B17 and -DR7 antigens (2). To our knowledge, psoriasis is the only disease linked to HLA-C genes. Recently, the presence of an alanine residue instead of threonine at position 73 on the \( a \)1 domain within the epitope-binding cleft of the HLA-C molecule was observed in psoriatic patients. This substitution is associated with a 5–7-fold increased risk of developing psoriasis (3).

Two types of psoriasis have been defined. Type I is inherited, has an early onset and shows a strong association with HLA-B13, -B17, -Cw6 and DR7 antigens. Type II occurs sporadically, has a late onset and shows only a weak correlation with HLA-Cw2 and -B27 antigens (4). HLA studies in different populations showed that the presence of some HLA antigens, especially Cw6, is associated with a clinically significant risk of developing psoriasis (5, 6). Therefore, we studied the distribution of HLA-A, -B, -C and DR antigens in Croatian patients with psoriasis by means of serology and hybridization with specific primers.

RESULTS

The frequencies and RRs of significantly elevated HLA-A, -B, -C and -DR antigens in 108 patients with psoriasis vulgaris compared with controls are shown in Table I. We found significant increases in HLA-A2 \( p = 0.017 \); RR = 1.92, -B17 \( p = 0.036 \); RR = 2.28, -B37 \( p = 0.02 \); RR = 6.23 and -B13 \( p = 0.0036 \); RR = 3.49 antigens, but only before correction of the \( p \)-values. We also observed highly significant increases in HLA-Cw*0602 \( p < 0.00001 \); RR = 21.01 and DR7 \( p < 0.00001 \); RR = 3.83 antigens, even after correction of the \( p \)-values. The RR of developing psoriasis was greatest for Cw*0602 allele carriers (RR = 21.01).

Based on the anamnestic data, 44 patients were assigned to the type I psoriasis group and 21 patients to the type II psoriasis group. The frequencies and RRs of HLA-A, -B, -C and -DR antigens in these groups of patients are shown in Table II. Highly significant increases in Cw*0602 \( p < 0.00001 \); RR = 14.45 and DR7 \( p = 0.00004 \); RR = 15.09 antigens were found in patients with type I psoriasis in comparison with those with type II, even after correction of the \( p \)-values. We

Table I. Frequencies of HLA antigens in patients with psoriasis

<table>
<thead>
<tr>
<th>HLA antigen</th>
<th>Patients ( n = 108 ) (%)</th>
<th>Controls ( n = 139 ) (%)</th>
<th>( p )</th>
<th>( p_{corr} )</th>
<th>RR</th>
</tr>
</thead>
<tbody>
<tr>
<td>A2</td>
<td>64 (59.26)</td>
<td>60 (43.16)</td>
<td>0.017</td>
<td>0.36</td>
<td>1.92</td>
</tr>
<tr>
<td>B13</td>
<td>21 (19.44)</td>
<td>9 (6.47)</td>
<td>0.004</td>
<td>0.10</td>
<td>3.49</td>
</tr>
<tr>
<td>B17</td>
<td>22 (20.37)</td>
<td>14 (10.07)</td>
<td>0.04</td>
<td>1.04</td>
<td>2.28</td>
</tr>
<tr>
<td>B37</td>
<td>9 (8.33)</td>
<td>2 (1.44)</td>
<td>0.022</td>
<td>0.57</td>
<td>6.23</td>
</tr>
<tr>
<td>Cw*0602</td>
<td>64 (59.26)</td>
<td>9 (6.47)</td>
<td>0.00001</td>
<td>0.0002</td>
<td>21.01</td>
</tr>
<tr>
<td>DR7</td>
<td>48 (44.44)</td>
<td>24 (17.27)</td>
<td>0.00001</td>
<td>0.0002</td>
<td>3.83</td>
</tr>
</tbody>
</table>
also found significant increases in HLA-B13 ($p = 0.025; \text{RR} = 9.38$) and -B17 ($p = 0.025; \text{RR} = 4.91$) antigens in type I psoriasis, but only before correction of the $p$-values. The Cw*03 allele was significantly elevated in patients with type II psoriasis before correction of the $p$-values ($p = 0.008; \text{RR} = 0.17$).

**DISCUSSION**

Although the pathogenesis of psoriasis is still unclear there is increasing evidence to suggest that psoriasis is a T cell-mediated autoimmune disease (9). Therefore, data on the expression of HLA molecules may be important in elucidating the pathomechanism of this disease.

Our results showed highly significant increases in Cw*0602 and DR7 antigens in patients with psoriasis compared with controls. It seems that only the Cw*0602 allele is associated with a highly significant risk of developing psoriasis. The importance of Cw6 in psoriasis was also confirmed by other studies (10, 11). It is emphasized that the presence of Cw6 is sufficient to indicate a clinically significant risk of psoriasis (5). In our study, antigens HLA-A2, -B17, -B37, -B13 and Cw*02 were significantly increased in patients with psoriasis only before correction of the $p$-values.

When we compared type I and type II psoriasis, Cw*06 and DR7 antigens were very significantly elevated in patients with type I psoriasis. An increased frequency of DR7 antigen in psoriatic patients was noted previously (12). Schmitt-Egenolf et al. (13) found a correlation between the HLA-DR7 antigen and type I, but not type II, psoriasis. They also observed that the B57 and Cw6 antigens conferred a significantly elevated relative risk of developing type I psoriasis.

In our patients, type II psoriasis showed a significant association with the Cw*03 allele, but only before correction of the $p$-values. Schmitt-Egenolf et al. (13) did not find any significant association between HLA antigens and type II psoriasis. Previous reports (4) have indicated a weak correlation between type II psoriasis and the Cw2 antigen; however, we failed to confirm this.

In conclusion, type I psoriasis is strongly associated with the Cw*06 allele and type II with the Cw*03 allele in Croatian patients. The inheritance of psoriasis is polygenic and the Cw6 and DR7 antigens seem to be important in the development of psoriasis. However, it is important to stress that the HLA region on chromosome 6 is only one of the psoriasis susceptibility loci determined so far and the increased frequency of certain HLA antigens is probably due to linkage disequilibrium to the true susceptibility gene.

**REFERENCES**