

Table I. Demographics and clinical characteristics of individuals with traumatic spinal cord injury in the study and relationship with cannabis use

| | Total (n = 537) | Never tried cannabis (n = 342) | Tried cannabis (n = 195) | Not current cannabis users (n = 489) | p-value |
|--|--------------------|--------------------------------------|--------------------------|--|------------------|
| Age, years, mean (SD), n = 537 | 54.6 (14.6) | 57.8 (14.4) | 51.2 (12.8) | 42.5 (12.3) | <0.001 |
| Sex, male, n (%), n = 537 | 413 (77) | 248 (73) | 123 (84) | 42 (88) | 0.068 |
| Education, n (%), n = 535 | | | | | 0.008 |
| Below high-school graduate | 99 (19) | 68 (20) | 22 (15) | 9 (19) | 90 (18) |
| High-school graduate | 41 (8) | 22 (6) | 12 (8) | 7 (15) | 34 (7) |
| Skilled education | 154 (29) | 110 (32) | 35 (24) | 9 (19) | 145 (30) |
| Shorter courses | 22 (4) | 13 (4) | 3 (2) | 6 (13) | 16 (3) |
| Short post-secondary education | 57 (11) | 34 (10) | 17 (12) | 6 (13) | 51 (10) |
| Middle post-secondary education | 109 (20) | 68 (20) | 36 (24) | 5 (10) | 104 (21) |
| Long post-secondary education | 53 (10) | 25 (7) | 22 (15) | 6 (13) | 47 (10) |
| Employment, n (%), n = 537 | | | | | 0.68 |
| Yes, employed full-time | 84 (16) | 49 (14) | 29 (20) | 6 (13) | 78 (16) |
| Yes, employed part-time | 103 (19) | 62 (18) | 33 (22) | 8 (17) | 95 (19) |
| Not employed | 350 (65) | 231 (68) | 85 (58) | 34 (71) | 316 (65) |
| Personal income, per year, n (%), n = 536 | | | | | 0.062 |
| <199,999 DKK | 209 (39) | 145 (43) | 47 (32) | 17 (35) | 192 (39) |
| 200,000–399,999 DKK | 186 (35) | 113 (33) | 56 (38) | 17 (35) | 169 (35) |
| 400,000–699,999 DKK | 77 (14) | 47 (14) | 27 (18) | 3 (6) | 74 (15) |
| ≥700,000 DKK | 19 (4) | 10 (3) | 7 (5) | 2 (4) | 17 (3) |
| Unknown | 45 (8) | 26 (8) | 10 (7) | 9 (19) | 36 (7) |
| Relationship, n (%), n = 534 | | | | | 0.01 |
| Married/cohabiting living without children | 220 (41) | 162 (47) | 48 (33) | 10 (22) | 210 (43) |
| Married/cohabiting living with children | 94 (18) | 58 (17) | 29 (20) | 7 (15) | 87 (18) |
| Alone living with children | 35 (7) | 17 (5) | 12 (8) | 6 (13) | 29 (6) |
| Alone living without children | 185 (35) | 105 (31) | 57 (39) | 23 (50) | 162 (33) |

Table I. cont

| | Total (n = 537) | Never tried cannabis (n = 342) | Tried cannabis (n = 195) | | | p-value |
|---|--------------------|--------------------------------------|------------------------------------|---------------------------|--|------------------|
| | | | Former cannabis users (n = 147) | Current users (n = 48) | Not current cannabis users (n = 489) | |
| Capital Region of Denmark | 149 (28) | 75 (22) | 55 (37) | 19 (40) | 130 (27) | |
| Region Zealand | 117 (22) | 78 (23) | 32 (22) | 7 (15) | 110 (22) | |
| Region of Southern Denmark | 117 (22) | 85 (25) | 24 (16) | 8 (17) | 109 (22) | |
| Central Denmark Region | 98 (18) | 63 (18) | 25 (17) | 10 (21) | 88 (18) | |
| North Denmark Region | 56 (10) | 41 (12) | 11 (7) | 4 (8) | 52 (11) | |
| Population in their city, n (%) , n = 537 | | | | | | 0.001 |
| 0–999 | 81 (15) | 58 (17) | 20 (14) | 3 (6) | 78 (16) | |
| 1,000–4,999 | 96 (18) | 71 (21) | 23 (16) | 2 (4) | 94 (19) | |
| 5,000–19,999 | 102 (19) | 64 (19) | 28 (19) | 10 (21) | 92 (19) | |
| 20,000–99,999 | 148 (28) | 95 (28) | 38 (26) | 15 (31) | 133 (27) | |
| 100,000–299,999 | 29 (5) | 16 (5) | 9 (6) | 4 (8) | 25 (5) | |
| ≥300,000 | 54 (10) | 18 (5) | 24 (16) | 12 (25) | 42 (9) | |
| Unknown | 27 (5) | 20 (6) | 5 (3) | 2 (4) | 25 (5) | |
| Tobacco-smoking, n (%) , n = 533 | | | | | | <0.001 |
| Yes, daily | 104 (20) | 48 (14) | 29 (20) | 27 (56) | 77 (16) | |
| Yes, sometimes | 30 (6) | 13 (4) | 11 (7) | 6 (13) | 24 (5) | |
| No, but smoked earlier | 201 (38) | 124 (37) | 70 (48) | 7 (15) | 194 (40) | |
| Have never smoked | 198 (37) | 153 (45) | 37 (25) | 8 (17) | 190 (39) | |
| Age started tobacco-smoking, mean (SD) , n = 132/134 | 16.9 (6.0) | 17.8 (6.8) | 16.2 (4.2) | 16.1 (6.2) | 17.1 (6.0) | 0.40 |
| Alcohol consumption, n (%) , n = 535 | | | | | | 0.59 |
| Yes, daily | 73 (14) | 44 (13) | 21 (14) | 8 (17) | 65 (13) | |
| Yes, sometimes | 357 (67) | 222 (65) | 102 (69) | 33 (69) | 324 (67) | |
| Never | 105 (20) | 74 (22) | 24 (16) | 7 (15) | 98 (20) | |
| Alcohol >7 (women) and >14 (men) units/week, n (%) , n = 530 | 74 (14) | 36 (11) | 24 (16) | 14 (30) | 60 (12) | 0.001 |
| Age started drinking alcohol, mean (SD) , n = 414/430 | 16.6 (5.2) | 17.5 (6.2) | 15.2 (2.2) | 15.3 (3.2) | 16.8 (5.3) | 0.08 |
| Spinal cord injury | | | | | | |
| Time since injury, years, mean (SD) , n = 532 | 18.2 (12.8) | 17.9 (13) | 20.1 (12.8) | 14.2 (10) | 18.6 (13) | 0.03 |
| Impairment category, n (%) , n = 535 | | | | | | 0.90 |
| Tetraplegia | 244 (46) | 149 (44) | 73 (50) | 22 (46) | 222 (46) | |
| Paraplegia | 263 (49) | 168 (49) | 72 (49) | 23 (48) | 240 (49) | |
| Unknown | 28 (5) | 23 (7) | 2 (1) | 3 (6) | 25 (5) | |
| Completeness, n (%) , n = 535 | | | | | | 0.57 |
| Complete | 165 (31) | 105 (31) | 42 (29) | 18 (38) | 147 (30) | |
| Incomplete | 344 (64) | 214 (63) | 102 (69) | 28 (58) | 316 (65) | |
| Unknown | 26 (5) | 21 (6) | 3 (2) | 2 (4) | 24 (5) | |
| Causality of SCI, n (%) , n = 534 | | | | | | 0.39 |
| Sports | 82 (15) | 47 (14) | 29 (20) | 6 (13) | 76 (16) | |
| Assault | 7 (1) | 3 (1) | 3 (2) | 1 (2) | 6 (1) | |
| Transport | 219 (41) | 116 (34) | 79 (54) | 24 (50) | 195 (40) | |
| Fall | 161 (30) | 124 (37) | 27 (18) | 10 (21) | 151 (31) | |
| Other traumatic cause | 65 (12) | 49 (14) | 9 (6) | 7 (15) | 58 (12) | |
| SCI impact on everyday life, n (%) , n = 534 | | | | | | 0.63 |
| Not at all | 16 (3) | 9 (3) | 6 (4) | 1 (2) | 15 (3) | |
| Some | 106 (20) | 66 (19) | 27 (18) | 13 (27) | 93 (19) | |
| Moderate | 186 (35) | 119 (35) | 52 (35) | 15 (31) | 171 (35) | |
| Much | 226 (42) | 145 (43) | 62 (42) | 19 (40) | 207 (43) | |
| Quality of life, NRS 0–10, mean (SD) | | | | | | |
| Satisfaction with life and life situation, n = 532 | 6.5 (2.5) | 6.6 (2.5) | 6.4 (2.4) | 6.1 (2.8) | 6.6 (2.4) | 0.17 |
| Satisfaction with physical health, n = 532 | 5.5 (2.6) | 5.6 (2.6) | 5.2 (2.6) | 5.4 (2.6) | 5.4 (2.6) | 0.86 |
| Satisfaction with mental health, feeling, mood, n = 531 | 6.7 (2.6) | 6.8 (2.6) | 6.6 (2.5) | 6.1 (2.9) | 6.8 (2.6) | 0.13 |
| Sleep disturbance, NRS 0–10, median (range), n = 534 | 5.0 (0–10) | 4.0 (0–10) | 4.0 (0–10) | 6.0 (0–10) | 4.0 (0–10) | 0.06 |
| Pain, n (%) , n = 536 | 390 (73) | 255 (75) | 101 (69) | 34 (71) | 356 (73) | 0.75 |
| Pain intensity, NRS 0–10, median (range), n = 524 | 4.5 (0–10) | 5.0 (0–10) | 3.0 (0–10) | 4.0 (0–10) | 5.0 (0–10) | 0.71 |
| Drug treatment for pain, n (%) , n = 535 | 259 (48) | 171 (50) | 68 (46) | 20 (42) | 239 (49) | 0.32 |
| Spasticity, n (%) , n = 536 | 378 (71) | 227 (67) | 113 (77) | 38 (79) | 340 (70) | 0.17 |
| Muscle stiffness intensity, NRS 0–10, median (range), n = 524 | 2.0 (0–10) | 2.0 (0–10) | 2.0 (0–10) | 4.0 (0–10) | 2.0 (0–10) | 0.01 |
| Spasm frequency, n (%) , n = 533 | | | | | | 0.09 |
| No spasms | 172 (32) | 123 (36) | 37 (26) | 12 (25) | 160 (33) | |
| Mild spasms induced by stimulation | 189 (35) | 115 (34) | 58 (40) | 16 (33) | 173 (36) | |
| Infrequent full spasms occurring <1 per h | 111 (21) | 69 (20) | 33 (23) | 9 (19) | 102 (21) | |
| Spasms occurring >1 per h | 42 (8) | 24 (7) | 9 (6) | 9 (19) | 33 (7) | |
| Spasms occurring >10 times per h | 19 (4) | 9 (3) | 8 (6) | 2 (4) | 17 (4) | |
| Drug treatment for spasticity, n (%) , n = 535 | 172 (32) | 109 (32) | 42 (29) | 21 (44) | 151 (31) | 0.21 |

NRS: numeric rating scale; SD: standard deviation; DKK: Danish krone.

*Current (n = 48) vs non-current (n = 489) users. Significant values are shown in bold. Tried cannabis: have tried cannabis at least once in their lifetime; Former cannabis users: those who have tried cannabis, but have not used cannabis within the last 2 years; Current users: those who have used cannabis within the last 2 years; Not current cannabis users: former cannabis users and never used cannabis.