

**Appendix SI.** Instrumentation for the assessment of fatigue-related cognitions

Cognitions related to fatigue	Instrumentation	Response format
Sense of control over fatigue	Self-Efficacy Scale (SES) (29) (7 items)	4-point scale Likert scale Range 7–28 Higher scores representing a higher sense of control over fatigue
	Jacobsen-fatigue catastrophizing scale (J-FCS) (30) (10 items)	5-point Likert scale Range 1–5 Higher scores indicating more fatigue-related catastrophizing
Catastrophizing	Pain Catastrophizing Scale (PCS) (32) (4 items)	5-point Likert scale Range 0–16 Higher scores representing more pain-related catastrophic thoughts and feelings
	Impact of Event Scale (IES) (33) (15 items)	4-point scale Likert scale Range 0–75 Higher scores representing a higher impact on being diagnosed with the disease
	Illness Cognitions Questionnaire; subscale acceptance of the disease (ICQ acceptance) (34) (6 items)	4-point scale Likert scale Range 6–24 Higher scores representing a higher degree of acceptance of the disease
Acceptance of the disease	Illness Management Questionnaire; subscale focusing on fatigue symptoms (IMQ focusing on fatigue symptoms) (35) (9 items)	6-point scale Likert scale Range 1–6 Higher scores representing more focusing on fatigue symptoms
Focusing on fatigue symptoms	Social Support Inventory (SSI discrepancies) (36) (8 items)	4-point scale Likert scale Range 8–24 Higher scores representing more discrepancies between the received amount of social support and the desired amount of social support
Perceived social support		