

**Table SI.** Jadad scores for included studies

Study included	Randomization <sup>a</sup>	Blinding <sup>b</sup>	An account of all patients <sup>c</sup>	Overall
Campos, et al., 2015 (23)	2	2	1	5
Kim et al., 2011 (22)	2	2	1	5
Pham et al., 2004 (26)	2	2	1	5
Piscilla et al., 2008 (27)	2	1	1	4
Ryan et al., 2016 (11)	2	2	0	4
Toda et al., 2005 d, (30)	1	1	1	3
Toda et al., 2005 e, (30)	1	1	1	3
Toda et al., 2005 f, (30)	1	1	1	3
Baker et al., 2007 (20)	2	1	1	4
Erhart-Hledik et al., 2012 (24)	2	0	1	3
Sattari et al., 2011 (28)	2	1	1	4
Hsieh et al., 2014 (25)	2	1	1	4
Barrios et al., 2013 (21)	2	2	1	5
Toda et al., 2008 (29)	2	2	1	5
Hsieh et al., 2016 (12)	2	2	0	4

<sup>a</sup>1 point if randomization indicated; 1 extra point if randomization method appropriate; 1 point deducted if randomization method inappropriate (minimum 0). <sup>b</sup>1 point if blinding was indicated; 1 additional point if blinding method appropriate; 1 point deducted if blinding method inappropriate (minimum 0). <sup>c</sup>Fate of all patients in the trial was known. If no data, the reason was given. The following were treated with a: <sup>d</sup>Lateral wedge with subtalar strapping for <5 h (short group). <sup>e</sup>Lateral wedge with subtalar strapping for 5–10 h (medium group). <sup>f</sup>Lateral wedge with subtalar strapping for >10 h (long group).