

BOOK REVIEW

Evidence-based Practice for Occupational Therapists, 2nd edition, M. Clare Taylor, pp. 224, 2007. Price £25.99. ISBN: 9781405137003, ISBN10: 1405137002. Wiley-Blackwell, Oxford, UK.

This second edition of the book *Evidence-based Practice for Occupational Therapists* does not concentrate merely on the basic skills of evidence-based practice (EBP) in occupational therapy; it also explores the implementation and development of an evidence-based culture within occupational therapy departments.

It can be regarded as a handbook for students and clinicians in the field of occupational therapy. The book contains many examples and questions that can be used to develop skills in EBP. Firstly, it sets out different ways of finding the evidence. Thereafter it focuses on evidence from clinical trials and systematic reviews. Taylor then discusses the use of evidence from qualitative research, which is beginning to be regarded as acceptable and appropriate evidence to answer certain questions. Qualitative research generates deeper, richer data, which can

address issues of quality and the clients' experience of different phenomena that cannot be studied in clinical trials.

This second edition adds new important information about how to find evidence from other sources, such as qualitative research, but also how to carry out a review of the evidence and develop and use guidelines for practice. The book is well-written and provides examples of criteria for review of research and examples of how to implement the evidence from research in clinical practice, both in relation to a specific client and in the development of an EBP culture within a department of occupational therapy. This publication will be very helpful for students in occupational therapy and provides concrete examples of how to put questions and search for evidence for certain interventions in occupational therapy. The book is warmly recommended for students and practitioners in the field of occupational therapy.

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