Epidermolysis Bullosa (EB) Acquisita in an Adult Patient with Previously Unrecognized Mild Dystrophic EB and Biallelic COL7A1 Mutations

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Circulating anti-type VII collagen autoantibodies are frequently detected in patients with recessive dystrophic epidermolysis bullosa (RDEB). However, evidence supporting their pathogenic role in inducing epidermolysis bullosa acquisita (EBA) has been provided for only one individual with dominant dystrophic epidermolysis bullosa (DDEB). We describe here a patient who presented with dystrophic toenails since early childhood and developed trauma-induced skin blisters and oral erosions at age 26 years. Direct immunofluorescence showed IgG deposits with a u-serrated pattern along the cutaneous basement membrane zone, while no change in the expression of collagen VII could be detected by antigen mapping. High-titre anti-collagen VII antibodies were detected by enzyme-linked immunoassay (ELISA). In parallel, sequencing of epidermolysis bullosa (EB) genes identified compound heterozygous COL7A1 missense c.410G>A (p.Arg137Gln) and splicing c.3674C>T (p.Ala1225_Gln1241del) mutations, previously unrecognized in dystrophic epidermolysis bullosa (DEB). Thus, our patient had RDEB “nails-only” and developed mechano-bullous EBA in adulthood. These data support a pathogenic role of circulating autoantibodies to collagen VII in inducing EBA in selected patients with DEB. Unforeseen worsening of skin symptoms in DEB should prompt laboratory investigations for EBA.

Key words: dystrophic epidermolysis bullosa; type VII collagen; autoantibodies.

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METHODS

Patient samples, immunofluorescence, and ultrastructural analyses
Following ethical approval and informed consent, skin biopsies from the patient and blood samples from the patient, her parents and child were obtained for standard histological and electron microscopy examinations, direct immunofluorescence (DIF), immunofluorescence (IF) antigen mapping, indirect IF (IIF) on salt-split skin, ELISA assays, immunoblotting, keratinocyte cultures, and for genetic analysis. The study was conducted in compliance with the principles of the Declaration of Helsinki.

Enzyme-linked immunosorbent assays
ELISAs for detection of anti-BP230, -BP180 and -C7 circulating autoantibodies were performed using commercial kits (MBL, Naka-Ku Nagoya, Japan).

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Protein purification and immunoblotting

Laminin-332 was affinity-purified from the culture medium of squamous carcinoma cells (SCC) 15 (CCL 15; American Type Culture Collection, ATCC) as reported (9), and C7 was prepared from the culture medium of a human amnion epithelial cell line (CCL 25; ATCC), as described previously (10). Sodium dodecyl sulphate (SDS)-polyacrylamide gel electrophoresis was performed using a 6% polyacrylamide gel loaded with purified laminin-332 and C7 under reducing conditions. After transfer to polyvinylidene difluoride membrane (Immobilon-P; Millipore-Merck, Darmstadt, Germany) immunoreactivity was detected, by incubation with a 1:100 dilution of patient and control sera and, for laminin-332, monoclonal antibodies K140 (anti-β3 chain) and BM165 (anti-α3), and U46 (anti-γ2 polyclonal antibody produced in our laboratory), followed by incubation with alkaline phosphatase-labelled secondary antibodies.

Molecular analyses

Screening for mutations in EB disease genes was performed using a next-generation gene panel (Trusight, Illumina) and NextSeq™ 500 apparatus, followed by Sanger sequencing for variant validation. Mutations were numbered according to the translation initiation codon of the GenBank reference sequence NM_000094.3 for COL7A1 cDNA.

Possible consequences of the c.410G>A (exon 3) and c.3674C>T (exon 27) variants on COL7A1 pre-mRNA splicing were evaluated by reverse transcriptase (RT)-PCR analysis of the mRNA purified from patient cultured keratinocytes. cDNA was obtained with Superscript™ III RT (Invitrogen-Life Technologies) and amplified using the following primers: (F) 5’-TTGTGTCTCTAAGGAGT-3’ (exon 2) and (R) 5’-AGAAGAAGTCACTGGTG3’ (exon 5), and (F) 5’-CCCTTGAGAGGTGACATATTC3’ (exon 26) and (R) 5’-CCAACCTTGTCTCTCATGAGGCC (exon 30). PCR products were identified by sequencing analysis.

CASE REPORT

A 33-year-old woman born to non-consanguineous parents presented with a 7-year history of bullous skin eruptions mainly affecting trauma-prone areas, such as the hands, feet, elbows and knees. Physical examination revealed a few blisters, erosions and haemorrhagic crusts on her palms and soles, admixed with focal hyperkeratosis, atrophic and erythematous scars with milia on her knuckles (Fig. 1A and B) and, to a lesser extent, feet, elbows and knees, severe toenail dystrophies (Fig. 1C), and painful erosions on her oral mucosa (Fig. 1D). Her parents and her only child did not present any skin disease. The patient also reported that she had had progressive nail dystrophy limited to the big toes since early childhood; however, this condition was diagnosed as a mycosis in another hospital and not investigated further. Although history and clinical findings suggested a mechanobullous EBA, a mild form of DEB could not be excluded. Histopathological examination of a bullous lesion showed subepidermal detachment and a scant lympho-mononuclear dermal infiltrate (Fig. 1E). Ultrastructural examination of a perilesional skin biopsy showed normally structured hemidesmosomes, whilst anchoring fibrils appeared markedly hypoplastic and reduced in number (Fig. 1F). DIF examination of perilesional skin showed a linear deposition of IgG with a u-serrated pattern along the cutaneous basement membrane zone (BMZ) (Fig. 2A), while IF antigen mapping did not reveal changes in the expression of type VII collagen and other BMZ components (Fig. 2B). Subsequent IIF on salt-split skin demonstrated binding of IgG to the dermal side of the split skin (Fig. 2C). High levels (42 U/ml; normal value [n.v.] < 6.14) of anti-C7 autoantibodies were detected in the patient serum by a commercial ELISA. Finally, the C7 positivity was also confirmed by immunoblot (data not shown). A diagnosis of mechanobullous EBA was therefore established. Evaluation of serum reactivity to additional components of the BMZ

Fig. 1. Clinical features of the patient, and histopathology and transmission electron microscopy of patient skin. (A) Erosions and crusts on the volar aspect of patient hands. A sero-haemorrhagic blister is visible on the left palm. (B) Atrophic erythematous scars with numerous milia on hand dorsa. (C) Dystrophic toenails. (D) Multiple erosions on the palatal, gingival and tongue mucosa. (E) Histopathology shows subepidermal detachment (haematoxylin-eosin staining, bar: 50 µm). (F) Ultrastructural examination reveals markedly reduced and hypoplastic anchoring fibrils (arrowheads), bar: 0.5 µm.
by ELISA assays revealed positivity for both BP180 and BP230 (27.3 U/ml and 18.9 U/ml, respectively, n.v. <9). In addition, circulating IgG antibodies recognizing the α3 and β3 laminin chains were detected by immunoblot analysis using purified laminin-332 (Fig. 2D). In parallel, screening for mutations in EB genes led to the identification of compound heterozygous variants in COL7A1: c.410G>A, p.Arg137Gln and c.3674C>T, p.Ala1225Val, inherited from the father and mother, respectively (Fig. 3A). The former variation is annotated in the ExAC database (http://exac.broadinstitute.org) with an allele frequency of 0.000131783 and without homozygous occurrence. The latter was not found in any database and is not described in the literature. Both mutations were further screened in a cohort of 62 Italian healthy individuals and never found. PolyPhen and FATHMM (Functional Analysis through Hidden Markov Models: http://fathmm.biocompute.org.uk/) predictors of mutation pathogenicity classify the p.Arg137Gln as probably damaging and damaging, respectively, and the p.Ala1225Val as tolerated. Mutation p.Arg137Gln is within the vWFα1 (amino acids 37–201) and sequence alignment of vWFα motifs from human von Willebrand factor (vWF) and from orthologous and other paralogous proteins attests to the strict conservation of Arg137 and, thus, to its functional relevance (Fig. 3B). RT-PCR of mRNA from patient keratinocytes was then performed to investigate possible mutation effects on pre-mRNA splicing. These were not observed for the c.410G>A. Instead, a shorter cDNA product across the c.3674C>T was detected, in addition to the expected normal cDNA (Fig. 3C, left panel). Sequencing of the shorter cDNA revealed a 51-bp in-frame deletion generated by the usage of an exonic donor site formed at the mutation site (AGgagt→AGgagt) (Fig. 3C, right panel). This transcript is predicted to translate a polypeptide lacking amino acids 1225–1241 at the transition of the vWFα2 subdomain (amino acids 1054–1227) to the cysteine-rich motifs of NC1. Sequencing of the normal cDNA fragment also revealed the expression of full-length mRNA.

Fig. 2. Direct immunofluorescence and type VII collagen expression in perilesional patient skin, indirect immunofluorescence and immunoblotting analysis with patient serum. (A) Direct immunofluorescence shows linear binding of IgG in a u-serrated pattern (arrowheads) along the cutaneous basement membrane zone (BMZ). (B) Immunofluorescence antigen mapping using LH7.2 monoclonal antibody reveals normal expression of type VII collagen along the cutaneous basement membrane zone in perilesional skin (Pt: patient; Cntr: control). (C) Indirect immunofluorescence on human salt-split skin detects IgG binding to the floor of the split (arrowheads). Bars A–C: 20 µm. (D) Immunoblotting analysis of laminin-332 purified from ATCC® CCL-15 cell media using the following reactants: sera from 2 control individuals (lanes 1, 2), patient serum (lane 3); a monoclonal antibody (K140) to the laminin β3 subunit (140 kDa) (lane 4); a mixture of antibodies to laminin α3 (BM165, 165 kDa) and γ2 (a homemade polyclonal antibody, 155 and 105 kDa) chains (lane 5). Patient serum reveals protein bands corresponding to the laminin α3 and β3 chains.
carrying the c.3674C>T, indicating that the mutation effect on splicing was leaky (not shown). Due to mutation consequences on NC1 protein sequence and structure, we concluded that our patient had the “nails-only” subtype of RDEB, as a child, and developed mechanobullous EBA in adulthood.

Sequential treatments with prednisone (1 mg/kg/day) and colchicine (2 mg/day) induced only minimal clinical improvement. Thereafter, the patient refused any additional therapy.

**DISCUSSION**

We report here an Italian female patient with a missed “nails-only” subtype of RDEB since childhood, complicated by mechanobullous EBA in adulthood. Although the nails-only phenotype is usually a dominant trait, recessive transmission has also been reported (11). It has rarely been described in the literature, most likely because of negligible clinical implications and lack of overt skin fragility. Our findings confirm that, in sporadic cases with minimal disease symptoms, such as the “nails-only” subtype, DEB diagnosis can be overlooked. In our patient the suspicion of a mild DEB variant was only raised following the onset of skin and oral blistering due to the development of the autoimmune disease. Indeed, our results demonstrate for the first time that EBA can develop in sporadic patients with minimal clinical implications and lack of overt skin fragility. The p.Arg137Gln replaces a strictly conserved residue within the vWFA1. The vWFA motif is a theme common to adhesive proteins and typically present in the vWF protein, the deficiency of which causes von Willebrand disease (vWD), an inherited bleeding disorder (13). Interestingly, missense mutations targeting vWF at the homologous residue Arg1597 (Fig. 3B), such as p.Arg1597Gln, cause vWD type 2a subtype (vWF variant registry: http://www.shef.ac.uk/vwf/). Thus, an arginine at this position seems important for vWFA1 folding and/or function. Regarding the c.3674C>T mutation, its main effect is the p.Ala1225_Gln1241 deletion consequent to partial exon skipping. This 17-amino acid segment bridges the vWFA2 to the cysteine-rich region and is adjacent to the cystine knot motif (CX3_CP) used to form interchain disulphide bridges N-terminally to the collagenous domain. The function of the cystine knots is to prevent unfolding of the triple helix from the N-terminus (14). The p.Ala1225_Gln1241del may thus perturb either the vWF A2 architecture or the formation and/or topology of the cystine knots. These effects may impair binding to other collagens or favour partial unfolding of the N-terminal end of the triple helix (2, 3).

Circulating C7 autoantibodies are detectable in more than half of patients with RDEB and occur independently from COL7A1 mutation type, C7 abundance and patient age (6, 7, 12). However, direct and indirect immunofluorescence are usually negative, indicating that, in most cases, circulating autoantibodies are not pathogenic. The influence of genetic and/or environmental factors is thus
probably crucial for development of EBA in DEB. It is also possible that particular \textit{COL7A1} variants in the NC1 and triple helix represent a risk for development of EBA in selected patients (12). Mutant, partially unfolded, NC1 subdomains can be thermolabile and more susceptible to protease cleavage, possibly resulting in the generation of neo-epitopes (15). In addition, compound heterozygous \textit{COL7A1} mutations, one of which has leaky effects on splicing, result in a mixture of \textit{C7} homotrimers, which can be composed of all 3 chains mutated in either of 2 positions or assembled from various combinations of the mutant and wild-type monomers, or even formed by all 3 wild-type chains. Thus, the NC1 domain in our patient presents multifaceted to the immune system and might evoke an autoimmune response in time. Circulating auto-antibodies to laminin-332 chains and bullous pemphigoid antigens were also present in patient serum. Indeed, many targets of autoimmune diseases are part of multi-protein complexes, such as the spicosome in lupus (16). We hypothesize that, following the induction of a chronic autoimmune response to \textit{C7}, intermolecular epitope spreading events lead to development of autoantibodies to laminin-332 and BP180, which are target molecules physically linked in a complex to \textit{C7} in the BMZ (1, 3, 17). A similar intermolecular epitope spreading event has been observed in EBA (18).

In conclusion, these findings highlight the role of anti-C7 autoantibodies in inducing EBA in a woman with RDEB. In parallel, the pathogenicity of previously undescribed \textit{COL7A1} mutations in RDEB nails-only subtype is shown, thus increasing our knowledge of genotype-phenotype correlations in DEB. Sequence variants altering the structure of NC1 subdomains may represent a risk for development of EBA in predisposed patients. However, the molecular mechanism through which these sequence variants induce EBA remains to be established. Finally, regular DIF screening in patients with DEB who present with worsening of skin fragility may reveal additional examples of DEB and EBA overlap and be used to assess the frequency of this association, with important therapeutic implications.

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