# Drug-induced Linear IgA Bullous Dermatosis: A Case Report and Review of the Literature

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Linear IgA bullous dermatosis (LABD) is a rare subepidermal autoimmune blistering disease characterized by linear deposition of IgA along the basement membrane zone. Although most reported cases are idiopathic, there is a subset of patients with drug-induced LABD. Various drugs have been associated with the drug-induced form of the disease. This paper reviews the literature on drugs reported to elicit linear IgA dermatosis and its specific clinical presentation. In addition, a case report of a 77-year-old male patient with linear IgA dermatosis induced by vancomycin is described. The aim of this paper is to emphasize the need to include this differential diagnosis in cases of suspected adverse drug reactions, as well as to highlight the role of drugs in LABD.

*Key words:* drug-induced linear IgA bullous dermatosis; vanco-mycin; autoimmunity.

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inear IgA bullous dermatosis (LABD) is a rare immune-mediated vesiculobullous disease with an incidence of 0.2-2.3 cases per million-population per year (1). LABD can occur both in children and in adults. In children it is also named chronic bullous disease of childhood, and presents, on average, at approximately 4.5 years of age (2, 3). In adults, 2 peaks are described with regard to disease onset: teenage years and the 60s (4). The childhood onset form is characterized by development of annular or polycyclic plaques and papules with blistering around the edges (string-of-pearls sign), primarily around the mouth and eyes, lower abdomen, thighs, buttocks, genitals, wrists and ankles. In contrast, the adult-onset form of LABD presents with lesions on the trunk, head and limbs (3). In both children and adults, the mucosa can be affected. The string-of-pearls sign is less common in adults in comparison to the childhood form. The subjective symptoms vary from almost none or mild pruritus to severe burning (3). Applying direct immunofluorescence to a skin biopsy, which shows the presence of linear deposition of immunoglobulin A (IgA) at the dermoepidermal junction, is mandatory to confirm the diagnosis (5-9). In addition, deposition of IgG and C3 may be detected (6). While most cases of

## SIGNIFICANCE

Linear IgA bullous dermatosis (LABD) is a rare blistering autoimmune disease. Although most cases are idiopathic, numerous drugs have been identified as capable of eliciting LABD. This paper provides an overview of the pathogenesis, diagnosis and treatment of drug-induced LABD, together with a report of a representative case of vancomycin-induced LABD. In addition, the results of a comprehensive literature review are reported to provide an overview of putative culprit drugs and their frequency, in order to enable clinicians to diagnose patients with putative adverse drug reactions presenting with blistering.

LABD are idiopathic, an association with either drug intake or systemic autoimmune diseases, such as rheumatoid arthritis, psoriasis, systemic lupus erythematodes, Crohn's disease and ulcerative colitis, has been reported, the latter displaying the most frequent association with LABD (10–15). Regarding the drug-induced form, drugs such as antibiotics, analgesics, antihypertensives, antiepileptics or immunosuppressants have been identified as potential causative agents (16). We report here a patient with vancomvcin-induced linear IgA dermatosis and review the literature regarding drug-induced LABD by searching the PubMed database using the key words ''linear immunoglobulin A disease", "linear IgA disease", "linear IgA bullous disease", "linear IgA bullous dermatosis", and "LAD", "LABD", both alone and in association with the terms "drug", "drug-induced" and "drug-associated".

### **CASE-REPORT**

A 77-year-old man was referred to our department with a 4-day history of bullous dermatosis. Previously he underwent implantation of a hip joint endoprosthesis, complicated by prosthetic joint infection. Due to microbiological detection of multidrug resistant Gram-negative bacteria the patient was treated with vancomycin. Approximately 2 weeks after initiating intravenous vancomycin, he developed a polymorphic, erythematous vesiculobullous rash. Except for light itching at the beginning, the patient reported no other symptoms. Vital parameters were stable on presentation. Past medical history included coxarthrosis, coronary heart disease, atrial fibrillation, spastic hemiparesis and hemiplegia after subarachnoidal haemorrhage, depression and testicular hydrocele. There were no known previous allergic drug reactions. His long-term medication included citalopram, pantoprazole, bisoprolol, enalapril, acetylsalicylic acid, quetiapine, simvastatin, metamizole, tilidine and apixaban. No changes in his long-term medication, except for vancomycin and certoparin sodium instead of apixaban, had been made. Basic laboratory examination did not reveal any abnormalities and his vancomycin serum level was within normal limits. Physical examination revealed multiple tense, fluid-filled bullae, urticarial plaques and targetoid macules with central and perilesional vesicles, some of them coalescing in a herpetiform distribution (Fig. 1A). Lesions were located on the abdomen, both groins and thighs, as well as on his upper left arm. In addition, the patient had some oral mucosal erosions, whereas the ocular and genital mucosa were spared. An adverse drug-induced reaction to vancomycin was suspected. Thus, vancomycin treatment was stopped immediately on admission. Vancomycin-induced LABD, bullous pemphigoid or ervthema exsudativum multiforme were considered in the differential diagnosis. Skin biopsies were taken and direct immunofluorescence (DIF) testing was performed. Histopathological examination showed a subepidermal blister formation and an inflammatory neutrophilic infiltrate (Fig. 1B). DIF of the perilesional skin demonstrated linear IgA and C3 deposition at the basal membrane zone (BMZ) without detection of IgG and IgM. Indirect immunofluorescence (IIF) was negative. No antibodies against bullous pemphigoid BP180 and BP230 could be detected using specific enzymelinked immunoassay (ELISA). Swabs for herpes virus PCR were negative. Based on the history, histology and the DIF examination vancomycin-induced LABD was diagnosed. The patient was treated with prednisolone 80 mg i.v. and the dose decreased gradually. Skin management included antimicrobial barrier dressings and corticosteroid (betamethasone diproprionate 0.05%) ointment. The patient improved rapidly within days. Complete remission was noted after 2 weeks of therapy. Oral prednisolone was slowly tapered during the following 2 months. After stopping oral corticosteroid therapy, no new lesions have been reported. A 6-month follow-up revealed no signs of recurrence.

### **DISCUSSION**

# *Culprit drugs for linear IgA bullous dermatosis in the literature*

LABD can be subclassified into an idiopathic and a drug-induced variant. Drug-induced cases represent approximately 37.5% of LABD in adults (1). Since the first publication reporting drug-induced LABD in 1981, more than 100 cases have been published associating different drugs, with vancomycin being the most frequent (16, 17). Other drugs include different classes of drugs, such as antibiotics, non-steroidal anti-inflammatory agents, antiepileptic agents or antihypertensives. The most commonly reported drugs except for vancomycin were phenytoin and trimethoprim/sulfamethoxazole (16). Recently, the anti-TNF antibody infliximab has also been implicated in triggering an outbreak of linear IgA dermatosis as a paradoxical effect in patients with inflammatory bowel disease (18, 19). Table I gives an updated non-exhaustive list of drugs associated with LABD published in the scientific literature. Their frequency distribution is shown in Fig. 2.

# Pathogenesis of drug-induced linear IgA bullous dermatosis

The pathogenesis of drug-induced LABD is yet to be fully elucidated. Drug-specific T cells and their cytokines may play an important role, as interleukins IL-4, IL-5, IL-6, IL-10 and transforming growth factor  $\beta$  increase IgA synthesis (20). Yawalkar et al. characterized different cytokines involved in drug-induced LABD using the supernatant of lymphocyte transformation test (LTT) cultures (21). Their data showed significantly increased levels of IL-5 and interferon (IFN)- $\gamma$  in the supernatant of LTT cultures exposed to the suspected drugs compared with negative controls. Cytotoxic CD8<sup>+</sup> lymphocytes are assumed to play an important role provoking initial autoantigen recognition in drug-induced cases (21). In



Fig. 1. Clinical and histological manifestations of linear IgA bullous disease (LABD) in a 77-year-old man. (a) Multiple tense blisters, urticarial plaques, targetoid macules with central and perilesional vesicles on the abdomen, both groins and left upper thigh. (b) Subepidermal blister formation, which contains fibrin and neutrophilic infiltrate. The upper dermis shows a perivascular and diffuse interstitial mixed cellular infiltrate of neutrophils and lymphocytes. Haematoxylin and  $eosin \times 10$ .

Table I. Non-exhaustive list of medications reported to elicit druginduced linear IgA bullous dermatosis

Medication	
Vancomycin (6-8, 32, 34, 37, 38,	Piroxicam (60, 121)
40, 41, 44, 47, 49, 52, 55, 61,	Buprenorphine (59)
69–96)	Captopril (49, 97)
Penicillin G (98, 99)	Candesartan (35)
Amoxicillin (100)	Amlodipine (101)
Amoxicillin-clavulanic acid (102)	Verapamil (103)
Ampicillin/sulbactam (104, 105)	Amiodarone (106)
Piperacillin-tazobactam(54, 80)	Furosemide (36, 49)
Cefuroxime axetil (107)	Atorvastatin (108)
Ceftriaxone (21, 75)	Phenytoin (33, 49, 52, 55, 109, 110)
Moxifloxacin (111)	Vigabatrin (24)
Gemcitabine (30)	Lithium carbonate (62)
Trimethoprim-sulfamethoxazole	Glibenclamide (114)
(24, 112, 113)	Somatostatin (49)
Metronidazole (21, 75)	Sulfasalazine (43)
Rifampicin (49)	Interferon y / Interleukin 2 (116, 117)
Diclofenac (17, 115)	Interferon-a 2a (118)
Acetaminophen (64)	Cyclosporine (119)
Naproxen (45)	Granulocyte colony-stimulation factor (63
Ketoprofen (120)	Infliximab (18, 19)

idiopathic LABD, LAD285, BP180 and BP230 have been identified as major target antigens. BP180 in particular, either the NC16A domain, or the soluble 120kDA/97kDa ectodomain, is considered to contain the major target of

IgG and IgA antibodies in bullous pemphigoid, LABD, and other immunobullous diseases (22). In drug-induced LABD IgA antibodies against LAD285 and BP180 as in idiopathic LABD were identified (23). Involved drugs may cause an autoimmune response by cross-reaction with target epitopes, by altering the conformation of epitopes, or by exposing previously sequestered antigens to the immune system (24–26). Despite positive DIF findings, indirect immunofluorescence results are often negative. Circulating IgA antibodies in these patients have either low concentrations or they are not reactive to BMZ antigens in their native form. In patients with vancomycin-induced LABD it was demonstrated recently that co-incubation of patient's sera with vancomycin renders IgA reactive with the BMZ, as demonstrated by indirect immunofluorescence (27). Furthermore, COL7 was identified as the major autoantigen targeted by these IgA antibodies. In addition, some authors suggest that infections and subsequent treatment may serve as cofactors in the pathogenesis of drug-induced LABD. With regard to idiopathic LABD, studies show associations with upper respiratory tract and gynaecological infections, typhoid,



Fig. 2. Distribution of culprit drugs inducing linear IgA dermatosis as reported in the literature. For references see Table I.

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brucellosis, tetanus, varicella-zoster and tetanus (2, 8, 28, 29). In our patient, the blistering eruption occurred 2 weeks after initiating vancomycin therapy. The disease occurred probably because of 2 factors: drug and infection together. The majority of patients with reported druginduced LABD also had other diseases, such as neoplasia (1, 7, 30-34), diabetes (1, 30, 35-38), heart and lung diseases (1, 36, 39-42), rheumatoid arthritis (43-45) or ulcerative colitis (18, 19). Concomitant diseases may also be implicated in triggering the onset of suspected druginduced LABD (30). To prove an exclusive role for newly administered drugs in induction of drug-induced LABD, there must be a definite time-relationship between drug intake and subsequent onset of the rash as a direct association of LABD with bladder cancer, rheumatoid arthritis or ulcerative colitis has been described (11, 14, 15, 46).

# *Clinical, histological and immunological features of drug-induced linear IgA bullous dermatosis*

Patients with drug-induced LABD tend to be older than adult patients with idiopathic LABD and are more likely to be male (1, 16, 39). Lings & Bygum compared drug-induced with idiopathic cases, showing that the mean age at disease onset in drug-induced LABD was 66.5 years compared with a mean age of 51 years in the idiopathic group, and the male-to-female ratio was 1.0 vs. 0.5 (1). However, it must be considered that the probability of having an internal disease and of taking medications increases with age. In addition, the fact that an elderly patient takes more than one medication could account for an increased likelihood of a hypersensitivity reaction (16). Until now, typical clinical, histological or immunological features of the drug-induced subtype have not been identified. Idiopathic and drug-induced LABD can be clinically polymorphic, mimicking dermatitis herpetiformis, bullous pemphigoid, pemphigus vulgaris, erythema multiforme and toxic epidermal necrolysis (TEN) (5, 6, 47). Mucocutaneous manifestations of patients with drug-induced LABD did not differ from those with the idiopathic form (23, 48). Reported cases of drug-induced LABD describe vesiculobullous eruptions, erythematous plaques, target or target-like lesions or string-of-pearls (9, 23). The most common sites involved were upper and lower limbs, including palms and soles, followed by trunk, buttock, and face/ neck (23, 36). Some authors suggest that in drug-induced LABD, mucosal or conjunctival lesions were lacking, while up to 40% of patients with idiopathic LABD have mucosal involvement (49, 50). In contrast, a recent case series did not support these findings and showed no difference in mucosal involvement between the 2 groups (51). However, drug-induced LABD tends to be more severe, extensive and atypical than the idiopathic form. Positivity of Nikolsky's sign and appearance of large erosions were significantly more frequent in these patients,

sometimes clinically mimicking TEN. Indeed, several cases of drug-induced LABD clinically resembling TEN or Stevens-Johnson syndrome/toxic epidermal necrosis (SJS/TEN) overlap have been reported (33, 39, 47, 51-55). Because drug-induced LABD may sometimes be life-threatening, early direct immunofluorescence examination is recommended for all patients with positivity of Nikolsky's sign and large skin erosions (51). A histological comparison of spontaneous LABD and of drug-induced LABD demonstrated no difference between the 2 types regarding histological patterns. Skin biopsies usually reveal subepidermal blisters containing inflammatory cells, mainly neutrophils and, occasionally, eosinophils. Focal necrotic keratinocytes were more frequent in drug-induced LABD, but the difference did not reach statistical significance (51). DIF reveals linear IgA deposits along the basement membrane. In more than 30% of idiopathic cases this is accompanied by IgG deposits (56). In drug-induced LABD almost onethird of the cases show additional linear deposition of C3 at the BMZ, as well as the DIF pattern, as presented by our patient (49, 57). However, there are no specific immunofluorescence patterns to differentiate with certainty between idiopathic and drug-induced LABD (51). In the majority of drug-induced cases, indirect immunofluorescence on monkey oesophagus failed to identify circulating antibodies (40, 57-61). The rate of indirect immunofluorescence positivity may be low because of the heterogeneity of target antigens (24).

In the present report, chronology (first lesions 14 days after vancomycin introduction, and resolution after discontinuation) is in accordance with time-frames reported in the literature. The onset of cutaneous manifestations in patients with LABD induced by vancomycin ranged from 2 to 21 days upon administration of the drug. The latency periods in other drugs than vancomycin ranged from 1 to 780 days (16).

### Treatment

Drug-induced LABD is usually characterized by spontaneous remission after discontinuation of the causative agent (24, 36, 50, 60). However, in contrast to previous assumptions, Fortuna et al. showed that, although in the majority of cases reported up to 2010 the suspected drug was withdrawn, up to 50% of the patients required additional therapy to avoid amplification of the disease by the immunological signal, resulting in a self-maintaining immune response (16). Administration of dapsone, sulphonamides, colchicine, topical and oral corticosteroids or intravenous immunoglobulins (IVIG) has been reported for therapy (5–7, 30). In contrast to idiopathic LABD, long-term immunosuppression seems not to be necessary in drug-induced LABD (16). To distinguish drug-induced LABD from the idiopathic subtype, the onset within the time of drug administration is the most important

#### Table II. Naranjo probability scale

		Yes	No	Do not know
1.	Are there previous conclusive reports of this reaction?	+1	0	0
2.	Did the adverse event appear after the suspected drug was given?	+2	-1	0
3.	Did the adverse reaction improve when the drug was discontinued or a specific antagonist was given?	+1	0	0
4.	Did the adverse reaction appear when the drug was readministered?	+2	-1	0
5.	Are there alternative causes that could have caused the reaction?	-1	+2	0
6.	Did the reaction reappear when placebo was given?	-1	+1	0
7.	Was the drug detected in any body fluid in toxic concentrations?	+1	0	0
8.	Was the reaction more severe when the dose was increased or less severe when the dose was decreased?	+1	0	0
9.	Did the patient have a similar reaction to the same drug or similar drugs in any previous exposure?	+1	0	0
10.	Was the adverse event confirmed by any objective evidence?	+1	0	0

Scoring:  $\geq$ 9: definite adverse drug reaction (ADR); 5–8: probable ADR; 1–4: possible ADR; 0: doubtful ADR.

characteristic. The temporal sequence is also the most important clinical data to determine the causal drug (30). The cause–effect relationship is based on the onset of the rash upon initiation of the suspected drug (challenge), followed by withdrawal of the drug (dechallenge), and evaluation of spontaneous resolutions of lesions (48, 60).

#### Current controversies

Recently, the concept of drug-induced LABD has been questioned. Despite a considerable number of cases reporting associations between LABD and medications, there is poor evidence of proven causality in most of them (16). The majority of patients were exposed to multiple concurrent medications. Because of this polypharmacy a confident distinction was not always possible. Thus, establishing a cause-effect relationship may be challenging. As provocation tests are not usually performed in these patients, absolute proof of the relationship of LABD with the suspected drug cannot be obtained (4, 48). Only a few cases were confirmed by a dechallenge-rechallenge procedure, which showed positive results (the lesions recurred after rechallenge) (17, 30, 62–64). A challengedechallenge-rechallenge testing protocol should be the gold-standard procedure confirming the diagnosis of drug-induced LABD. However, patients rechallenged with the offending drug might have a severe recurrence, including a shorter latency and a longer disease course, and LABD in these patients may be life-threatening (8, 9). To establish the diagnosis of drug-induced LABD, already available algorithms might be helpful to reach a correct "causality assessment" between the suspected drug and the adverse event, LABD (65). Over the past 30 years, several algorithms for causality assessment in adverse drug reactions (ADR) have been suggested (55, 66). Currently, one of the most general and widely accepted is the Naranjo score (Table II), as this offers a simple methodology (51, 67). According to the Naranjo probability scale and previous conclusive reports on this reaction, the relationship of vancomycin treatment with the cutaneous eruption in our patient is likely. Unfortunately, few authors use algorithms for causality assessment in reporting drug-induced LABD (1, 30, 35, 51). The majority of these cases were assigned the probability score "possible ADR". Imputability scores might be helpful, but, notably, they have never been validated for LABD (68).

### Conclusion

In conclusion, drug-induced LABD is an uncommon condition, in which LABD is triggered by medication. The list of medications implicated in drug-induced LABD development has grown in recent years, with vancomycin being the most common drug involved. Due to the rise of highly resistant beta-lactam Gram-positive bacteria, vancomycin use has increased considerably. Therefore, it is important to recognize LABD as a potential hypersensitivity reaction, which can be life-threatening without early identification. It is important to be aware that drug-induced LABD can mimic TEN. This report aims to draw attention to the possibility of LABD being an adverse drug reaction, and to emphasize the need for a biopsy and direct immunofluorescence staining. Early diagnosis is important for its management, because discontinuing the causative drug is most crucial. It may be challenging to identify the causative agent of LABD, because many patients are treated with multiple drugs. Clinicians must be cautious in establishing causality. The use of algorithms to estimate the probability of ADR can help in establishing the correct diagnosis.

The authors have no conflicts of interests to declare.

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